

St Benedict's Parish Arcadia



PENTECOST SUNDAY YEAR A MAY 23 & 24 2026

ENTRANCE ANTIPHON

The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.

OPENING PRAYER

Let us pray.
O God, who by the mystery of today's great feast
sanctify your whole Church in every people and nation,
pour out, we pray, the gifts of the Holy Spirit
across the face of the earth
and, with the divine grace that was at work
when the Gospel was first proclaimed,
fill now once more the hearts of believers.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit, God, for ever and ever. Amen.

SELF REFLECTION: FORGIVENESS & HOPE

John 20:19–23 Jesus stands among the disciples,
breathes the Holy Spirit upon them, and sends them out
with a mission of forgiveness and hope.

Jesus still enters the locked rooms of our hearts — our
fears, doubts, disappointments, and anxieties — and
gently says, "Peace be with you." He reminds us that we
are never abandoned and that the Holy Spirit gives us
courage to live with faith, mercy, and love..

I Reflect...

1. What fear do I need to place before Jesus?
2. Do I welcome Christ's peace into my heart?
3. How is the Holy Spirit guiding me?
4. Is there someone I need to forgive?
5. How can I bring peace to others this week?

Prayer

Lord Jesus,
You come to us with peace and mercy.
Fill our hearts with the Holy Spirit, give us courage in
times of fear, and help us to share Your love and
forgiveness with others. May we trust in Your presence
each day. Amen.



*'Receive the Holy Spirit.
For those whose sins you forgive,
they are forgiven' (John 20:23)*

PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekdays:

Mondays to Thursdays 9:30am

Fridays

6:30pm Adoration
7:00pm Mass & Confession

Saturdays

9:00am to 10:00am
Adoration & Confession

MONASTERY CHAPEL MASS TIMES

Sundays 7:00am
Daily 7:00am

Please contact Father Shansana or Parish
Office for the following:

*Baptisms
Reconciliation
For the Sick
Marriages
Funerals*

Parish Priest:
Fr Shansana 0437 884 233
Parish Office 9653 2312



First Reading Acts 2:1-11 (JB) (DAY MASSES - NOT VIGIL)

A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord.
Thanks be to God.

Responsorial Psalm:

R. Lord, send out your Spirit and renew the face of the earth.

Second Reading 1 Corinthians 12:3-7, 12-13 (Year A) (JB)

A reading from the first letter of St Paul to the Corinthians

In the one Spirit we were all baptised, making one body.

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!
Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Alleluia!

GOSPEL John 20:19-23 (Year A) (JB)

A reading from the holy Gospel according to John

As the Father sent me, so I send you: Receive the Holy Spirit.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them.

He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again,

'Peace be with you.
As the Father sent me,
so am I sending you.'

After saying this he breathed on them and said:
'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven;
for those whose sins you retain, they are retained.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.



***“The first step of humility is unhesitating obedience.”
— The Rule of Saint Benedict, Chapter 5***

READINGS & GOSPEL REFLECTION

Acts 2:1-11 / 1 Corinthians 12:3-7, 12-13 / John 20:19-23

The readings for Pentecost beautifully show the power of the Holy Spirit at work in the life of the Church and in our own hearts.

In **Acts**, the disciples who were once fearful are filled with courage as the Holy Spirit descends upon them. They begin speaking in many languages so that people from every nation can hear the Good News. The Spirit brings unity, understanding, and new life. In **Corinthians**, St Paul reminds us that although we each have different gifts and talents, we are united as one body in Christ. Every gift is important and is given for the good of others. The Holy Spirit works through each person in unique ways. In the **Gospel of John**, Jesus appears to the disciples behind locked doors and says, “Peace be with you.” He breathes the Holy Spirit upon them and sends them out on mission. Where there was fear, Jesus brings peace. Where there was uncertainty, He brings purpose and courage.

Together, these readings remind us that the Holy Spirit strengthens us, unites us, and sends us out to live the Gospel with faith and love.

Key Thought

The Holy Spirit changes fearful hearts into faithful witnesses of Christ.

Take-Home Challenge

Each morning this week, pray: “Come, Holy Spirit, guide me today.” Then look for one opportunity each day to encourage, forgive, help, or bring peace to someone around you.

Prayer

*Come, Holy Spirit,
fill our hearts with Your wisdom, peace, and courage. Help us to recognise the gifts You have given us and to use them to serve others with love. May we bring hope, kindness, and the peace of Christ to everyone we meet. Amen.*

LITURGICAL FEASTS AND EVENTS OF THE WEEK

MAY

Monday 25 Readings: Sirach 4:11-18. 1 Cor 1:18-25. John 19:25-27.

R: Blessed be the name of the Lord for ever.

OUR LADY, HELP OF CHRISTIANS.

Tuesday 26 Readings: 1 Pet 1:10-16. Mk 10:28-31.

R: The Lord has made known his salvation.

St Philip Neri, priest.

Wednesday 27 Readings: 1 Pet 1:18-25. Mk 10:32-45.

R: Praise the Lord, Jerusalem.

St Augustine of Canterbury, bishop.

Thursday 28 Readings: 1 Pet 2:2-5, 9-12. Mk 10:46-52.

R: Come with joy into the presence of the Lord.

Friday 29 Readings: 1 Pet 4:7-13. Mk 11:11-26.

R: The Lord comes to judge the earth.

St Paul VI, pope.

Saturday 30 Readings: Jude 17, 20-25. Mk 11:27-33.

R: My soul is thirsting for you, O Lord my God.



Source: Ordo 2026



POPE LEO PRAYER INTENTION FOR MAY 2026

That everyone might have food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

MAY - MONTH OF MARY



ROSARY AFTER WEEKDAY MASS

The month of May is traditionally dedicated to Our Lady.

During this special month, the Rosary will be prayed after the weekday Masses from Monday to Thursday.

All parishioners are warmly invited to stay and join in this beautiful prayer as we ask for Mary's intercession and grow closer to Jesus through her Son.



HOME ROSARY EVENINGS

We will also be holding the Rosary in different homes in the evenings throughout May, inviting Our Lady to visit and bring her motherly presence into our homes and families.

If you would like to join or would like to host and book a date, please contact the Parish Office or Paula on 0423 078 282. Even if you do not wish to host you are welcome to visit and pray with us! Roster at Sacristy window.

OUR LADY HELP OF CHRISTIANS PATRONESS OF AUSTRALIA FEAST DAY: 25 MAY

Mass Monday 25 May 9:30am

Feast of Our Lady Help of Christians is celebrated on 25 May and honours Mary as the Patroness of Australia. Catholics across the country turn to Our Lady for her guidance, protection, and intercession. The title "Help of Christians" has a long history in the Church and became especially important in Australia through the faith and devotion of early Catholics who entrusted this land to Mary's care.

Prayer:

Our Lady Help of Christians, Mother of mercy and hope, watch over Australia and guide us in faith, peace, and love. Help our families, our communities, and our Church to follow your Son, Jesus Christ, with courage and trust. Amen.

OUR LADY OF FATIMA COMMITTEE MEETING

**TUESDAY 26TH MAY 4PM
IN THE PARISH MEETING ROOM.
EVERYONE WELCOME TO JOIN US.**

PARISH NOTICE

**NEXT SUNDAY 31ST MAY THE 10.30AM MASS
WILL BE CANCELLED DUE TO THE FETE.**

NATIONAL VOLUNTEER WEEK 18-24 MAY

As we celebrate National Volunteer Week, we give thanks to all the wonderful volunteers in our parish community. Your generosity, dedication, and willingness to serve help bring our parish to life in so many ways. May God bless each of you for the time, talents, and love you share with others.

VOLUNTEER OF THE WEEK

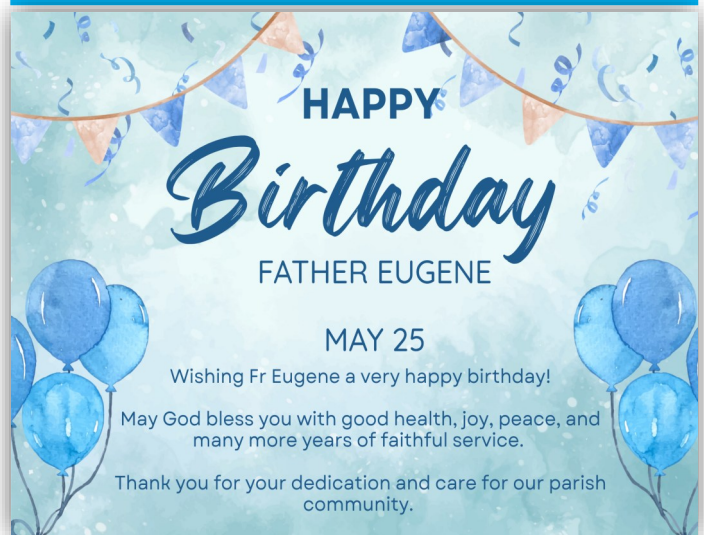
This week volunteer of the week nomination:

CAROL AVIANI

Carol is one of the quiet achievers of our parish community — someone who faithfully works behind the scenes without seeking recognition. Whether it is helping with cleaning, providing beautiful flowers, or stepping in whenever help is needed, Carol generously gives her time and care to our parish in so many ways.

Her kindness, humility, and willingness to serve are a wonderful example of living faith through action.

We are truly grateful for all that Carol does for our parish community. Thank you, Carol, for your dedication, generosity, and quiet service.



In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family all who were recently baptised.

We pray for the sick of our Parish, especially:

Maryanne Maurer, Lucia Bisoglio, Frank Gauci, Joe Gallo, Miriam Brown, Pauline Honor, Kath Moran, Peter Bellew, Brother Mario, and Father Alberic.

We remember in our prayers all our dearly beloved who have died:

Peter Chedid, Antonio Romeo, Nanna Trani, Anne Pearce, Robert Wallace, Maria Pappalardo.

~ May they rest in Eternal Peace.





Create.Share.Encounter

A Creative Women's Ministry

Please join us for our upcoming
Maker's Table workshop
at St Benedict's!

The Tree of Life's Treasures Workshop
Wednesday, June 3rd, 2026
7.30-9.30pm

Cost: \$15 (covers materials, refreshments and donation for room hire)
RSVP by 31/5/26 so we can set a special place at the Table for you!

Bring along all your unwanted trinkets and treasures (in any condition) and collage them to make your very own Tree of Life's Treasures frame! Some suggestions are jewellery items, pins, watches, small metal items, necklaces / chains / bracelets, key chains, brooches, pendants, rings, decorations, medals, lockets, coins, broken bits of toys, lego or anything else you can find that reflects the treasures in your life!!!



www.facebook.com/makerstable/
www.themakersgarden.com.au

Martine Musumeci 0458-533-250
Nerida Woodbury 0425-834-017
themakerstablesydney@gmail.com

PIETY SHOP NEWS

Visit our Piety Shop after Mass and browse our beautiful range of religious gifts, prayer books, rosaries, medals, cards, and devotional items.

You'll find meaningful keepsakes for First Holy Communion, Baptism, Confirmation, weddings, and all the sacraments. Whether for yourself or a loved one, there is something special for every occasion.

We will also be at the Fete. Hope to see you there.

Thank you for supporting our parish Piety Shop!

ITALIAN ROSARY GROUP

Every **Monday 2.00pm.**
Everyone welcome.

For more details call

Angela Egiziano on 9652 1358.



CCC PRAYER GROUP



Prayer meeting held every
Wednesday morning:
after 9.30am Mass.
*Come and meet new people and
have a cuppa!*

For more details call
Mary Camilleri on 0403 116 987.

CRAFT GROUP

The quilting and craft group will meet every **4th Tuesday** of the month at 10.30am in the parish meeting room.

Bring your craft and come and join us!

CATECHIST NEWS

Do you have an hour to spare once a week? Are you interested in Becoming a Catechist?

Short zoom courses are available throughout the year to become certified to teach Scripture at our local public schools. It only requires you to have a Working with Children's check number and love for your Faith. The work is all done for you in a simple to use Teacher's manual, all you need to do is show up each week with a smile on your face and Jesus in your heart!

We are always in need of casual fill-in teachers so please contact me or the Parish office for more information if you are interested!

God bless,
Martina Jutrisa srearcadia@gmail.com
Parish Catechist Co-Ordinator
0413 403 767 Parish Office: 9653 2312

APOLOGIES

We have received a few comments noting that the Saint or Feast of the Week has not been included in the bulletin recently. Thank you for your feedback — it is always appreciated.

Due to limited space during the lead-up to our parish fete, some regular sections have needed to be temporarily reduced. Once the fete has concluded, we look forward to reinstating the Saint or Feast of the Week in the bulletin.

Thank you for your understanding and continued support of our parish.

ST BENEDICT'S KIDS YOUTH GROUP



Join the fun! Ages 8–12 years
Our Kids Youth Group is back
on **Fridays**
DURING SCHOOL TERM
4.00pm to 5.30pm

We need helper volunteers.
**Please let the parish office
know if you are free to help.**

HEALING MASS



Healing Mass is held on
the first Thursday of each month at 9.30am

NEXT HEALING MASS:
THURSDAY 4TH OF JUNE 2026

Pastoral Works Broken Bay (PWBB) Appeal — Give with Purpose



23.14%

Raised: \$4,166 | Target: \$18,005 | Still Needed: \$13,839

Our parish is part of something bigger. Through the Pastoral Works Broken Bay (PWBB) May 2026 Appeal, we support life-changing ministries across our Diocese — from faith formation in schools, to hospital chaplaincy, to care for the vulnerable and those on the margins.

So far, we've raised **\$4,166 (23.14%)** towards our **\$18,005** goal. Thank you. But **\$13,839** is still needed — and your support today can make the difference.

PWBB is our pastoral charity in Broken Bay — not just a collection, but our shared mission in action.



ENVELOPES ON PEWS

CATHOLIC DIOCESE OF BROKEN BAY
Invites you to
40 Years Celebration and Awards Dinner
Hosted by Most Rev Anthony Randazzo
Prefect, Dicastery for Legislative Texts
Apostolic Administrator Diocese of Broken Bay

Two new dioceses approved
A proposal, carefully designed and thoroughly considered to provide more effective pastoral care for the people, has been approved by Pope John Paul II, creating two new dioceses within the Archdiocese of Sydney.
This is one of the most significant developments in the development of Sydney since the appointment of its first Archbishop in 1962. It means that Sydney's one million Catholics are now local throughout the three dioceses.
The two new dioceses are:
• BROKEN BAY, which, in general terms, encompasses what was formerly the Northern Region, and which will now also include the Caringbah Parish.
• PARAMATTA, which, again in general terms, encompasses the area previously classified as the Outer Western Region and which will now also include the parishes of Dundas Valley, East Gosford and...

by Ron F. Robinson
Editor-in-Chief

The new Bishop of Broken Bay is the Most Reverend Patrick Lawrence Murphy, D.D., formerly Auxiliary Bishop of Sydney and Bishop for the Northern Region.
The new Bishop of Paramatta is the Most Reverend Dale Vincent Weather, D.D., formerly Bishop for the Outer Western Region. Bishop David Cremin, John Ingham, and Jeffrey Robinson will continue in their offices.

Archbishop Clancy has expressed his delight with the proposal for the creation of new dioceses in the Sydney Archdiocese.
Commenting on the announcement, Archbishop Clancy said: "I am delighted with the decision from Rome. It represents the work of many people over a period of some years."

FRIDAY, 29 MAY 2026 6:30 PM
EPPING CLUB, 5-47 RAWSON ST, EPPING
BOOKINGS UNTIL 18th of MAY >>>>>>

40 Years Celebration & Awards Dinner

Parishioners are warmly encouraged to attend the **40 Years Celebration and Awards Dinner** as we celebrate the wonderful service and dedication of members within our community.

We are especially proud that our own **Melanie Hume** will be receiving an award in recognition of her outstanding dedication and commitment to our parish as well as the community through the volunteer work of **St Vincent de Paul**.

This is a wonderful opportunity for us to come together in support and celebration of Melanie and all those who faithfully serve others with compassion and generosity.

We congratulate Melanie on this well-deserved recognition and thank her for the many ways she reflects Christ's love through service to our community.

On the left are the details of the Gala Dinner and a QR code which links to the invitation. Tickets for this event are \$150.00 per person. This includes pre-dinner drinks, three course dinner, raffles with some amazing prizes, and the opportunity to celebrate with the recipients of our Papal and Diocesan Awards.

Archbishop Anthony Randazzo will host the night before he departs for his new ministry at the Vatican next month.



St Benedict's Country Fete

Sunday 31 May 2026

10am
to 3pm

2 FAGANS ROAD ARCADIA PH: 9653 2312

Fruit & Veggie Stall • Chocolate Wheel • Raffle
Dev Tea • BBQ • Gifts • Coffee • Cakes • Lolly Stall
Hot Dogs • Pop Corn • Gelato • Face Painting
Flowers • Crafts • Plants • Rides & lots more...

PARISH FETE – LET'S BEGIN THE EXCITEMENT! COUNTDOWN: NEXT WEEKEND!

The excitement is building for our upcoming Parish Fete! It's next weekend, so now is the time to get involved, spread the word, and help make this year's fete a wonderful success for our parish community.

Please collect your **raffle tickets** from the church entrances. Don't forget that **cow tickets are available separately** as well.

We kindly ask everyone to **share the new date with family and friends** and invite them to join us on this special parish day.

We are still in need of:

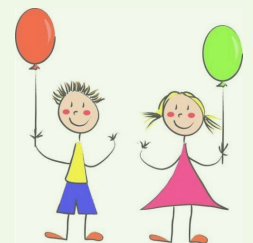
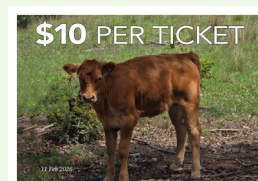
- Brand new items for the **Chocolate Wheel**
- **LOLLIES** for the **lolly stand**
- More **CRAFT ITEMS**
- **CAKES/SLICES baked on the day of the fete** for our stalls
- **FLOWERS** to be brought on the day.

Your generosity in donating items is greatly appreciated!

We also need **volunteers** to help on the day. Even a little time makes a big difference—please consider helping to **relieve stall holders so they can have a short break** during the day.

Thank you for your support, generosity, and parish spirit. Let's make this fete a joyful and successful celebration for everyone!

For any information please contact Tania on 0401 597 278



Parish Roster

PLEASE JOIN US FOR
MORNING TEA AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

30/5/26 TO 31/5/26
The Most Holy Trinity - YEAR A

	SATURDAY 7.00pm	SUNDAY 9.00am	SUNDAY 10.30am
Acolyte		Paul C	
Reader1	Mary C	Ann L	
Reader2	Sr Carol T	Mary C	
Prayers	Daniel V	Sharon O	
TV		Trey O	
EMHC		Lorraine D	
EMHC		Jessie G	
Music		Melanie H	
Music		Noelle T	
Music		John T	
Music			
Morning Tea			
FLOWERS	Hannah A		

10.30AM MASS CANCELLED DUE TO FETE

MONASTERY CHAPEL

Liturgy of the Hours

"Seven times a day I will praise you"

Psalm 119:164

The liturgy of the hours is a set of prayers (psalms, hymns, readings and other prayers). It is recited in the Monastery Chapel daily at the following times:

5.45am Office of Readings
6.30am Morning prayer - Lauds
12.45pm Midday prayer
6.00pm Evening prayer - Vespers
8.00pm Night prayer - Compline

SACRAMENTAL PROGRAM UPDATE

OUR NEXT SACRAMENTAL PROGRAM
ENROLMENTS NOW OPEN!

Commencing with Confirmation (child must be in year 3 or above, this year). Confirmation classes will be held in October 2026.

Forms will be given to all public school students. For other schools please collect a form from the sacristy office or email the parish for a form.

REST IN PEACE

It is with great sadness we announce the passing of:



ANTONIO ROMEO



04.01.1939 TO 16.05.2026

*Eternal Rest grant to him O Lord,
And let the Perpetual light shine upon him,
May he Rest in Peace.
Amen*

**Our prayers and thoughts are with
Mrs Romeo and family.**

DID YOU KNOW...

The word "Pentecost" comes from a Greek word meaning "fiftieth," because Pentecost is celebrated 50 days after Easter Sunday.

ACKNOWLEDGMENT

We acknowledge God as our Creator and giver of all life. We also acknowledge the Traditional Custodians of this land, and pay our respects to Elders past and present.
May we walk together in peace, respect, and unity.

SAFEGUARDING MISSION STATEMENT

St Benedict's Parish is committed to the safety of all, especially children and vulnerable people. Concerns? Contact Fr Shansana 0437 884 233, or the Office for Safeguarding 8379 1605.

For all parish OH&S and Safeguarding Children matters
Contact: Parish Office 9653 2312

PARISH OFFICE HOURS:

Mondays & Fridays: 9.00am to 2.00pm
Parish Office: 02 9653 2312
Address: 2 Fagans Road, Arcadia 2159
Email: arcadia.pariah@bbcatholic.org.au
Website: www.bbcatholic.org.au/arcadia
Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233
Facebook: [stbenedict sarcadia](https://www.facebook.com/stbenedict sarcadia)



MONASTERY: 02 9653 1159
121 Arcadia Rd, Arcadia 2159

PARISH BANK DETAILS for
ONLINE only donations:
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

Support our parish!
Scan this QR code to make a donation.

